



**Call for Papers**  
**Two Day National Conference (2018)**  
**On**  
**“Cultivating Unity Consciousness for Self Transformation”**

Organized by Indian Society for Indic Studies (InSIS)

Managed by DRPSECT, Vadodara, (Regd.)

Tentative Venue: the M S University of Baroda, Gujarat

Dates: 25-26 October-2018

**Motto:** “*Satyam Jnyanam-anusandhanaya, Jnyanam tu kimartham yadi na hitaya?*”

“To understand the Divine knowledge which creates life one needs to conduct self-investigations. However, what good is such knowledge if it is not applied for the well-being of the world.”

**Vision & Mission:**

The members of conference planning committee envision that Self transformation is a multifaceted challenge to be addressed by the collective wisdom of experts in reconfiguring the interworking of a harmonious society in collaboration with leading social scientists, spiritual leaders, economists, business leaders, technologists and educationists. The conference provides a unique forum to bring together these people with diverse background to address challenges of self transformation and social transformation. Creative solutions proposed by this collective effort will lay the foundation of creating self-transformed individuals and a new social order. The deliberations of the conference will start a national conversation and bring more interested experts into this dialog thus raising the collective and inclusive consciousness of the society.

With the above backdrop, the conference planning committee invites proposals of panel discussions and original papers related to the theme of the conference. Preconference workshop proposals for sharing living experience of experts on the practice of unity consciousness for Self-Transformation will be welcomed.

**Background**

Unity Consciousness is the Collective Living Experience of a number of evolutionary states of human perception. The substratum of all life manifestations is the creator consciousness. It is singular in nature and has no worldly attributes of colour, cast, race, religion, ethnicity etc. It is pure energy of Bliss and Unconditional Love. It is omniscient of the whole of Cosmic Universe. Cultivating, experiencing and practicing the nature of Unity Consciousness can assist us in transforming our lives. It can help us to develop wholesome personality and make our lives fuller, wiser, deeper and more purposeful. Sustaining the practice of Unity Consciousness leads to inner liberation. It is *Brahmi-sthiti* as described in *Gita* and also known as the Seventh state of consciousness i.e. the Unity Consciousness or *Brahmi chetana*. It is the highest state of human development, the experience of Totality of Life. In the *Advaita Vedanta*, the individual self (*Atma*), on the termination of the *jiva*-hood, re-establishes its identity with the

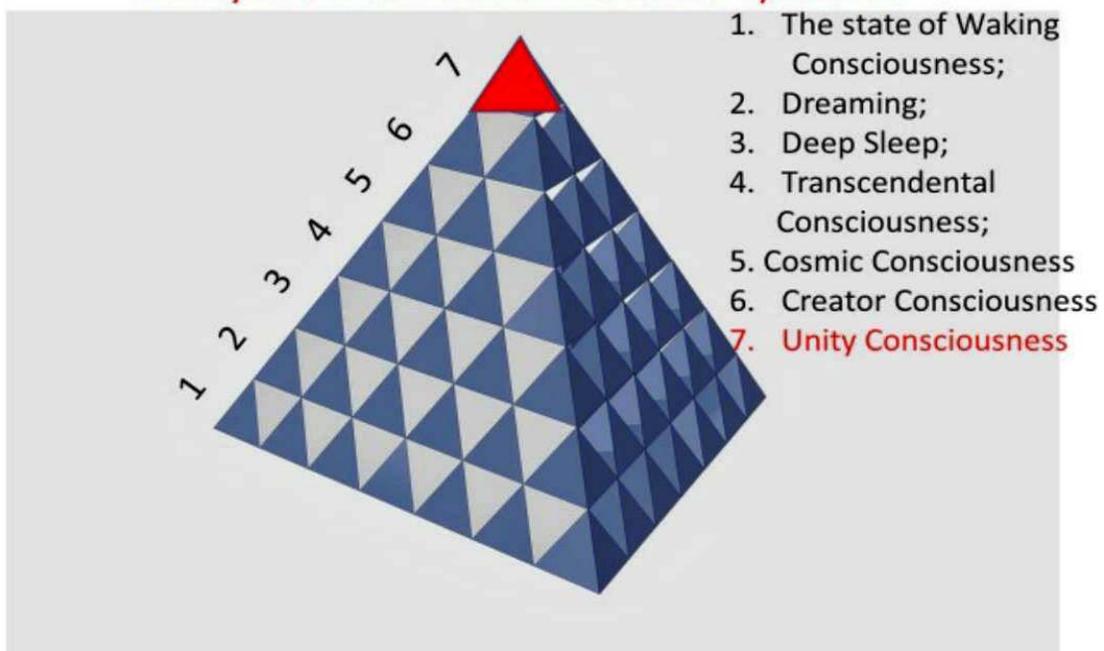
*Atma(Brahman.)*. Thus, there is a need of understanding the state of Brahman in the form of Unity Consciousness, which is attribute less, functionless state, and *Isvara* in the state with attributes.

The knowledge of the individual self in the sense of self identity or 'I-consciousness' or individuality is ever changing. However, it is through the self alone we perceive and experience ourselves and the world. It is only through long experiences and sustained effort we realize the real nature of this 'I.' The process of arriving at this knowledge is what we call self-transformation. What gets transformed is really the false concept of one's identity; the apparently divided self becomes whole. This is in essence the teaching of the ancient Indian scriptures. The Upanishads emphasize the importance of Self-transformation or Self-purification for achieving the main objective of life i.e. liberation. Thus, truly speaking self-discovery is the only quest in spiritual life to fulfil the higher purpose of our presence on the planet. In today's world an average person's identity or personality is an unstable, bewildering jumble of the material world, body, and egocentric mind. As a result of this inner disharmony, most people end up living superficial, shallow, aimless and thoughtless incomplete life. So, in this process of self-discovery, it's imperative that one develops a strong character and a distinct unwavering deep longing for seeking the true purpose of life.

In the absence of the substratum of Unity Consciousness, the essentials of all life and human existence like birth, growth, emotionality, aspiration, conflict, and mortality will vanish. Cultivating unity consciousness will create solutions to address contemporary challenges faced by humanity. In Creation there is an experiential unity between the perceiver and the object of perception in the fourth state of consciousness. *Mandukya Upanishad's* philosophy and applications of the energy of sacred "AUM" has been described by four states of consciousness associated with each of the three syllables, A, U, M of AUM. The first chapter called *Agama Prakarana* has been dedicated to the 'Unity of Consciousness' that is present in the three states of human beings that is waking, dream and deep sleep and also deals with the fourth state called '*Turiya*', the transcendental state of inner illumination. In Cosmic Consciousness the perceiver experiences the unification of all subatomic vibrating particles of cellular life flowing as one stream of energy riding on the substratum of creator consciousness. The energy of AUM reverberates in the cosmic universe as a nonstop sublime sound vibration. In terms of the 'Great Sayings' of the *Upanishads*, the *Mahavakhyas*, unity consciousness is expressed in the third statement, '*All this is nothing but That*', from the sequence starting 'I am That'. Only when unity is achieved does the realization come that the source of one's own conscious experience is the same as the source of each perceiver entity in the outer world.

Unity consciousness evolutionary states are discussed next.

### Unity Consciousness Evolutionary States



**1. The first three states** — Waking consciousness, deep sleep and the dreaming state of sleep — are known to every adult human being with a functional nervous system. Just by paying attention anyone can observe the presence of these three states. Most of the humanity is conscious of only the waking state, which a fraction of total awareness, missing the basics of process of human life.

**2. The last four levels** — Transcendental, cosmic, creator and unity consciousness — are usually not available right away. These states become accessible only as one engages in regular practice of self-reflection. This Subtle Field of Life Energy is made available by nature to those seeking the Absolute Truth of Existence. Prerequisites for undertaking this journey of cultivating higher perception include; having a deep longing to discover the Truth, commitment of sustained daily effort of self-reflection, and purity of unwavering intention.

**3. 4th Level: Transcendental Consciousness:**

In this state one transcends the limitations of the three instruments of Divine; Body, Mind and the Intellect. Going beyond these three states is referred to as opening of the third eye of inner awakening. The turbulence of the Mind starts becoming completely silent.

The fourth state of consciousness — the Pure Transcendental Consciousness — is just silence. That's the state where the mind and the senses are completely silent, but consciousness is fully awake.

This level of consciousness has the quality of bliss. The challenge for the seeker of the Ultimate Truth is to cultivate the ability of the nervous system to sustain this blissful state in all interactions with the world. This can be achieved by regular practice of self-reflection.

**4. 5th Level: Cosmic Consciousness:**

Cosmic Consciousness is the next level of evolution of the human perception of Transcendental Consciousness. With the inner silence one becomes the Observer of the play of Divine life in all its multitude of manifestations. One experiences the interconnection of all life as a single river of energy flow. The individual identity of the Observer gets completely dissolved and becomes one with the Universe called Inclusive Consciousness. This level of Clarity and Simplicity of the process of creation brings unbounded energy to guide the process of Self-Transformation and Social Transformation.

One can also call this fifth state a 'Witness Consciousness' — where the pure consciousness now is understood to be my real self. My sublime self is actually that pure, eternal consciousness. In this state, the outer world is seen as being transient, transitory, impermanent and illusionary.

**5. 6th Level: Creator Consciousness:**

The Creator Consciousness is the Eternal, Absolute, and Permanent Reality from which all play of Universal Life emerges. The seeker of Truth transcends thought and eventually reaches the Self, the *Atman*. After realizing this absolute reality, the seeker makes a very profound and power statement: "I am That and All is That". Creator Consciousness is the substratum on which all life oscillates. This brings Oneness Unity to all life processes. Modern scientists call this unified field of energy from which all life manifests.

**6. 7th Level: Unity Consciousness**

Unity Consciousness of the 7<sup>th</sup> level is the Aggregate Living Experience of the six states of consciousness discussed above. This state of human existence is called "Pure Perception of the Self". This is the state of full awakening, but the unfolding of Truth in the way of expansion and deepening continues. In this state- "Where once was the I"-inner and the outer, the real and the unreal, the Self and the non-Self, the absolute and the relative, the eternal and the temporal — there is now only ONE. "Everything which is in myself is myself. There is no other."

The first three levels of consciousness discussed above are gross energy levels, simply important for basic human survival. With a spark of Divine light, the energy field of the fourth level unlocks starting the

journey towards higher levels of consciousness. Sustaining this awareness for extended period of time is the challenge overcome by dedicated seekers on the journey of life becoming one with all life. This is the fifth level of awareness called cosmic consciousness. The seeker of truth becomes one with all life realizing the inclusiveness of all consciousness. The sixth level is the eternal consciousness which creates and dissolves all life. Collective living experience of all the six levels is the unity consciousness. Levels 4<sup>th</sup> and 5<sup>th</sup> are subtle fields of energy and level 6<sup>th</sup> is the source of all life called super consciousness. The real purpose of human life is to undertake the journey to raise consciousness and reach the level of unity consciousness. Along the way and reaching at the ultimate level a seeker becomes a Divine Self-Transformed Instrument to bring transformational changes in the society.

### **Process of Cultivating Unity Consciousness for Self-Transformation**

The journey of unity consciousness can be undertaken by anyone with a healthy body, mind and intellect. Our degree of preparedness and intensity to pursue this journey determines progress through various evolutionary states of consciousness. For a fresh seeker of the ultimate truth of life the following suggested steps can prove to be valuable:

1. Make a self-commitment to undertake this journey
2. Gain knowledge of the process of life through observation of the universal laws of nature such as the law of “cause & effect”
3. Examine the stored contents of the mind, identify beliefs interfering with progress on this journey
4. Unentangle the code of misalignment of the intent, thought, emotion and its physical manifestation
5. Self-Explore the interplay of the intellect and mind to create alignment in intent, thought, emotion and deed
6. Practice silence, interconnectedness and inclusiveness of cosmic consciousness
7. Continue the journey unimpeded by focusing on the process and not on the results.

### **Self-Transformation to Social Transformation**

In the long journey of human life, the mind has witnessed glorious periods of peace, prosperity as well low periods of war and stagnation. However, during the past few centuries the pace of life has accelerated starting with industrial revolution and now with the development of a host of powerful digital technologies. These technological developments have improved the outward quality of human living experience. The focus of mind has been on materialistic achievements in the external world. The planet material wealth has multiplied many fold. The rich and powerful in the society have mostly benefited from this wealth by indiscriminately exploiting the natural and human resources at the peril of planet life. The inequities between the rich and poor continue to perpetuate by the actions and design of political, large business and ineffective social systems.

The focus of mind on external development has highjacked the human intelligence towards greed, attachment with objects creating comfort, corruption to possess and degradation of social morality resulting in an ongoing disorder in life. The inner human balance has been totally disturbed creating havoc on the planet. Our family system, modern education system, political and business systems have totally ignored this serious problem of inner human development. The external developments have creating comfortable life for some with no real inner peace and harmony. This disturbed inner human state is manifested in the outer world in the form growing crime, violence, corruption, lawlessness and disrespect for life. The time has come for an extensive review of the current state of human life and apply spiritual knowledge and the power of technological developments for creating a more harmonious social order.

The youth today is confused and disenchanted with life by being educated by a dysfunctional education system. This is obvious by observing the rising youth unemployability and under-employability by businesses. The current education does not address any part of inner human development. To bring meaningful changes in the society the energy of the youth is of paramount importance. The youth will rise up to the challenge as leaders with the vision of human well-being motivate and guide them. The power and weight of fast emerging technology should not be underestimated in bringing themuch-needed self and social transformation.

**(a) Objectives of selecting the topic/theme:**

Self-Transformation is necessary for raising the Quality of living experience of ignorant humanity. In today's world an average person's identity or personality is an unstable, bewildering jumble of the material world, body consciousness, and egocentric mind. As a result of this inner disharmony, most people end up living superficial, shallow, aimless and thoughtless incomplete life. Our body, our personality, our individuality is made up of a network of impulses to action. The whole world is a part of this cosmic process of the Nature-*prakriti*: *guṇā guṇeṣu vartanta iti matvā na sajjate* (Gita 3.28). We do not get attached to anything in this world if we understand one simple truth of the structure of this world of which we are a part. Most of us know the profound statement- As is the macrocosm, so is the microcosm. When we know the world, we know ourselves also because we are only a thread in the fabric of the structure of the world. So, if we understand the world, we will understand ourselves and our relation to it automatically. This understanding is implied in this half sentence, half verse, *guṇā guṇeṣu vartanta iti matvā na sajjate*. Self-Transformation is the pathway to raise one's level of higher consciousness leading to a harmonious and purposeful life.

**(b). Sub-Title or Allied Aspects of the Theme/Area:**

The main focus points of this conference will be on self transformation through cultivating unity consciousness on the basis of Ancient Indian Scriptures. Cultivating unity consciousness is a tool for self transformation. The ancient Indian concepts present the integrated and holistic approach by which many global problems will be solved. The conference planning committee invites proposals of panel discussions and original papers related to the theme of the conference. As is customary, the conference is designed to appeal to a broad cross-section of Academicians, Scholars and Practitioners of Unity Consciousness. Proposals will be considered for panels or papers that focus on the overall theme of the conference or on any meaningful variations related to one of the following Sub-Themes:

1. Crisis of Human Consciousness limiting wellness of life
2. Philosophy for Self-Transformation
3. Introspection and Transformation in Philosophy
4. Self-transformation in *Samkhya* Philosophy
5. Self transformation in *Yoga* Philosophy
6. The role of Mind and Intellect in raising consciousness for Self-Transformation
7. Unification of seven levels of consciousness
8. The breakdown of human Intellect during the past three centuries
9. Digital transformation of interworking of societal institutes
10. Transforming modern education by raising consciousness
11. The power and weight of Artificial Intelligence and Big Data for self-transformation
12. The process of cultivating higher levels of consciousness
13. The role of mind in the current chaos in the cosmos
14. Creating a vision of interworking of a harmonious society based on advancements in knowledge and technology
15. Self-Emancipation a prerequisite for Social-Emancipation
16. Empowering the youth with spiritual and technological knowledge for self- transformation
17. Horizontal and vertical integration of consciousness
18. The Unity Consciousness or *Brahmi chetana*
19. Unity consciousness and its full ripening in Brahman consciousness
20. Self-Transformation and the Spiritual Life
21. Buddhism and Self-transformation
22. Cultivating Bodhicitta for Self-transformaion

**(C) Justification Grounds of Selecting the Theme/Topic:**

Ancient Vedic Scriptures highlight the importance of visualizing the oneness and interconnectedness in whole of creation by practicing Unity Consciousness. This process leads to Self-Transformation. The Upanishads emphasize the importance of Self-transformation or Self-purification for achieving the main

objective of life i.e. liberation. Thus, truly speaking self-discovery is the only quest in spiritual life to fulfill the higher purpose of our presence on the planet.

The challenge and responsibility of raising depleted human consciousness to higher level has been presented to our generation. The journey of raising consciousness is the journey of self-transformation. Individual transformation is a prerequisite for collective transformation for creating a better world. The conference will provide a unique forum for the participants to explore the multidimensional area of Self-Transformation and come out with recommendation for enhanced individual well-being, group well-being and the larger good of the society. It is time to address this challenge urgently.

**Proposal Submission Guideline:**

Proposed Conference Dates: 25-26 October, 2018

The authors must strictly follow the model instructions given below:

All submissions should be in Microsoft Word document format as an attachment.

**Paper size:** A4, **Page borders:** 1.5 cm all sides,

**Font:** Times New Roman throughout. Justify all text by using (Ctrl+J)

**Title:** Font size 14 Bold

First Author1, second author2

Name, Designation, organization with full address including State, Email, Mobile No.  
(Font size 10 Title case)

**Keywords:** 4-6, all separated by coma (in italics, in Alphabetical order).

Abstracts for papers and panel proposals should contain no more than 300 words.

About Author should accompany abstracts (about author not to exceed 100 words with a photo)

**Main Text:** no more than 6000 words (Title case Font size 11)

References should be numbered and cited at the end of Main text in the following format:

Author Last Name, Author First Name. Name of Book/Article., Year. City: Publisher

**Important Dates:**

**Abstracts for papers and panel proposals by August 1, 2018**

**Authors with accepted abstracts for paper presentation or panel proposals are required to submit full paper in word doc with PPT slides by August 31, 2018**

**Final acceptance of papers will be intimated by September 15, 2018**

**For further information contact:**

Dr. Ramanath Pandey, Conference Director

[rnpmsuoi@gmail.com](mailto:rnpmsuoi@gmail.com)

Mobile: 9998281366

Dr. Jagdish Kohli, Conference Facilitator

[Jagdish\\_kohli@yahoo.com](mailto:Jagdish_kohli@yahoo.com)